

Sprint to Finish

Track & Field

The 2018 Track and Field season ended in a spectacular fashion at the State Championships on May 24-26 at EWU. The Dragons took home five state titles, with Ashley Sande capturing the 100, 200, and 400 meters and anchoring the 4x400 relay to a record fourth straight win. Her performance is arguably the finest athletic feat by an SGS athlete in school history. Mitchell Ward capped his record-breaking year by winning the 400 meters and nearly pulling off another win in the 4x400 relay with a 48.8 second anchor leg.

Equally impressive is the fact that every Dragon to compete in the State Meet brought home a Championship medal: Mitchell Ward 1st in the 400, Dan Riggsby 6th in the 800, Cade Peplinski 7th in the high jump and Ryan Hayes, Marcus Manson, Dan and Mitchell 2nd in the boys 4x400 relay.

On the girls side, as previously mentioned, Ashley won 4 events and stood on the podium with Cambrie Rickard, Grace Harrill, and Reagan Ivey. The girls 4x200 finished 2nd (Kate Tender, Cambrie, Grace, and Reagan) with a school record 1:49.30, and the quartet of Taylor Sande, Cambrie, Grace, and Kate finished 4th in the 4x100 relay. Reagan earned 4th in the girls 400 meters, while Audrey Harrill added a 6th place in the 800 followed by Jora Gleason in 7th. And Mia Smith surprised with an 8th place and personal best in the javelin.

Overall the girls team finished 2nd to defending champions NWC (Lacey) in a fiercely fought contest. In all, the Dragons



Ashley Sande shows the sprinting form that won her State titles in the 100 meter, 200 meter & 400 meter races.

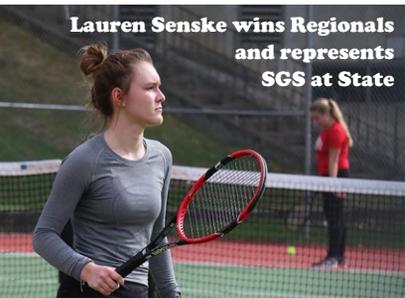


Cade Peplinski leaps to a new school high jump record of 6'4"

**Tennis District Singles Champs
Nik Chaudhry & Lauren Senske**



Lauren Senske wins Regionals and represents SGS at State



Ashley Sande, Grace Harrill, Cambrie Rickard, and Reagan Ivey win the 4x400 meter relay State Title for a record fourth straight year!



broke six school records over the course of the season - Ashley Sande shattered marks in the 100, 200, 400 and 800 meters, Mitchell Ward in the 400, and Cade Peplinski in the high jump. The girls also added new marks in the 4x200. Take a bow Dragons!

– Rick Riley, Track & Field Coach

Tennis

We had an extremely successful Tennis season this year! Our team included a total of 37 JV and Varsity members. The varsity as a team went undefeated during the regular season and placed 1st at Districts, where Nik Chaudhry and Lauren Senske took home the #1 singles spots and Daniel Zhao finishing #2. Our doubles pairs also earned points at Districts, with Karey Jiang and Grace Generous #3 and Mary Bade and Maria Madero #4 on the girls' side. Adam Hasdorff and Brett Coles were #2 and Daniel Cao and Sean Yao #3 on the boys' side.

Lauren went on to place #1 at Regionals, finishing her senior year undefeated going into the State Championships. This was Lauren's 3rd appearance at State out of her 4 years of varsity tennis for SGS. And to top it all off, our boys varsity players were 2B State Academic Champions. Go Dragons!

– Meg Maglio, Tennis Coach

Golf

The golf season didn't go quite as we expected, but the kids battled the entire way showing their Dragon pride.

Michael McCarthy, a 10th grader who finished 9th in district, was the first SGS boys golfer to qualify for State in two years. He beat the cut by two shots with an 83 on the first day of State, then moved up the board a couple more spots with an 81 to finish 13th overall at the State Tournament.

Michael was unflappable. He consistently put the ball in the fairway off the tee, made a bunch of putts on the second day, and ended up beating several golfers from our district that had finished ahead of him during the season. Michael's work ethic has put him in position to compete for state titles the next two seasons.

The SGS girls' team had high expectations to win another state title, but competing against the 1A schools again this year put them at a disadvantage. The team that won the title had six girls present to our two.

Senior Taylor Mitchell and junior Maddy Christiansen fought hard to stay in contention. Maddy shot 84 the first day for 10th place, while Taylor fixed a "crooked round" late to finish T-27th. Day 2 saw Maddy slide a bit, shooting 92, while Taylor played much more consistently after a rough start, shooting 91.

The girls finished in 6th place overall for the State Tournament. Both would say they were disappointed with their finish, but I could not be more proud of the fight I saw out there on the course.

— Brad Kirsch, Golf Coach



Taylor Mitchell helps girls' golf reach 6th at State



Michael McCarthy finishes 13th at State

Baseball

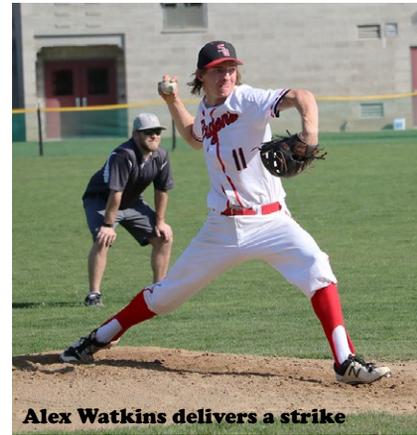
The success of the 2018 SGS baseball season was led by my coaching staff, Mark Rickard and Shane Steele. Without them we could not have succeeded. Thank you, Mark and Shane!

Some highlights from the season include sweeping Kettle Falls on April 21 to clinch the NE 2B League's North championship, and then hosting the District playoffs. The team reached the first round of State Regionals in Yakima on May 19, falling to Brewster. Senior Alex Watkins took the loss on the mound, but went 3 for 3 with a double, a run, and an RBI at the plate. Overall, the team finished with a 17-6 record. We had four players who made All-State 1st Team: Zach Steele, Alex Watkins, Xander Werkman, and Chris McIndoe.

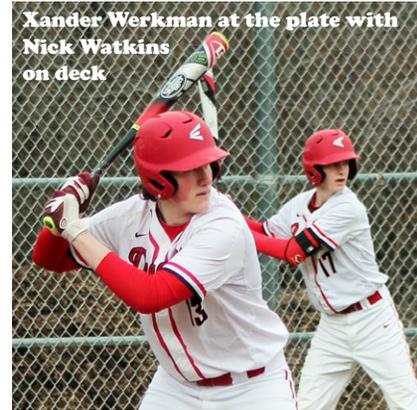
Our team was led by our senior captains Alex and Zach. These two Dragons helped lead the emotional and physical battle on and off the field and helped achieve another state playoff run. Zach finished his senior year batting .379 and pitching at a 2.00 ERA. He has signed on to play college ball at the College of Idaho. Alex finished the season with a .347 batting average and was one of our most intense and impressive pitchers, earning an impressive 1.58 ERA.

Thank you to all of the players who gave their all. Our success came from everyone playing hard and understanding their roles. Thank you as well to all the parents and fans for your support, including the fun "Baseball Tailgater" and recognition for our six seniors. Go Dragons!

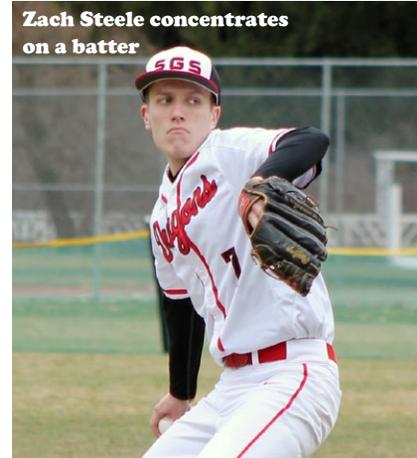
— Mike Wootton, Baseball Coach



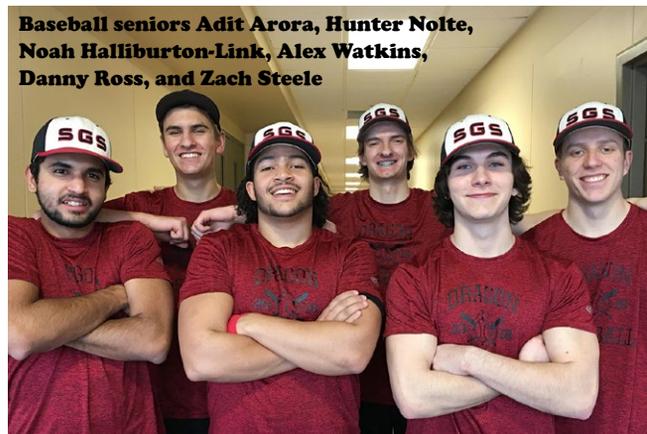
Alex Watkins delivers a strike



Xander Werkman at the plate with Nick Watkins on deck



Zach Steele concentrates on a batter



Baseball seniors Adit Arora, Hunter Nolte, Noah Halliburton-Link, Alex Watkins, Danny Ross, and Zach Steele